



Free Positive Parenting Programme for Black, Asian & Mixed parentage Families

The Positive Parenting Programme offers 17 strategies to cope better with parenthood. The first session is on Tuesday 4th of November 6-8pm. Then it will be 4 sessions of 2 hrs on Tuesdays 6-8pm.

Three telephone interviews, arranged over 3 weeks at your convenience and last 2 hrs session 6-8pm during week 8.

Help with travel costs and reasonable childcare costs can be met. Refreshments provided.

Book your space as places are going quickly email:

info@mosaicbrighton.org.uk telephone 01273 234 017