

TERENCE HIGGINS TRUST

EASTBOURNE AND ACROSS EAST SUSSEX

THT are based in Eastbourne and offer services across East Sussex.
Social Group - meets every third Thursday of the month in Eastbourne.
Everyone living with HIV is welcome.

Positive Grants - grants of up to £400 are available to people living with HIV in East Sussex. The grants can be used to help someone improve their wellbeing or job prospects by paying for a college course etc.

Health Coach - 1:1 sessions are available to support people living with HIV to address issues such as adherence to treatment, emotional support etc.

Face to Face - 1:1 sessions are available to men who have sex with men to talk through all sexual health issues.

Sexual health information - posters, leaflets and booklets are available in different languages and include specific information written for African communities.

For any of these services contact us on 01323 649927, best to ring between 9.30 and 1pm. or email info.eastbourne@tht.org.uk

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